



## Results

12<sup>th</sup> of March 2006

### Individuals Runners - Sorted by Age Category

Place	No	Name	Elapsed	H/Cap	Time	Category	Sex	Min per km
1	106	Ker, Olivia	187.04	20.00	167.04	0 - 29	F	5.13
2	123	Joyce, Sarah	195.33	20.00	175.33	0 - 29	F	5.29
3	147	Wolff, Heidi	206.17	19.00	187.17	0 - 29	F	5.51
1	156	Bubb, Fletcher	203.19	59.00	144.19	0 - 29	M	4.31
2	128	Mitchell, Heath	201.44	44.00	157.44	0 - 29	M	4.56
3	155	Tobin, Adam	198.52	27.00	171.52	0 - 29	M	5.22
		Seibold-Crosbie,						
1	146	Kate	204.48	71.00	133.48	30 - 39	F	4.11
2	136	Butter, Ruth	192.30	30.00	162.30	30 - 39	F	5.05
3	103	Covacci, Valerie	216.59	43.00	173.59	30 - 39	F	5.26
4	112	Regan, Rachele	213.33	39.00	174.33	30 - 39	F	5.27
		van Rooyen,						
5	116	Annette	212.45	37.00	175.45	30 - 39	F	5.30
6	129	Shaw-Jones, Fleur	210.11	30.00	180.11	30 - 39	F	5.38
7	139	Malcolm, Sharon	198.47	11.00	187.47	30 - 39	F	5.52
8	119	Fitzgerald, Sharyn	212.55	19.00	193.55	30 - 39	F	6.04
9	114	Smith, Rachel	214.06	5.00	209.06	30 - 39	F	6.32
1	108	Martinico, Paul	198.56	78.00	120.56	30 - 39	M	3.47
2	110	Mithen, Anthony	198.25	71.00	127.25	30 - 39	M	3.59
3	153	Martin, Stacey	182.31	47.00	135.31	30 - 39	M	4.14
4	122	James, Will	204.29	67.00	137.29	30 - 39	M	4.18
5	131	Forbes, Jamin	207.30	68.00	139.30	30 - 39	M	4.22
6	102	Bruhn, Colin	189.49	43.00	146.49	30 - 39	M	4.35
7	101	Vogelpoel, Daniel	196.57	47.00	149.57	30 - 39	M	4.41
8	109	Clemons, Duncan	203.33	52.00	151.33	30 - 39	M	4.44
9	127	Mackenzie, Steven	199.23	41.00	158.23	30 - 39	M	4.57
10	120	Hattam, Sam	218.15	57.00	161.15	30 - 39	M	5.02
11	121	Hughes, Gary	207.36	30.00	177.36	30 - 39	M	5.33
12	125	Lawson, Tom	220.18	41.00	179.18	30 - 39	M	5.36
13	141	Cole, Richard	191.11	0.00	191.11	30 - 39	M	5.58
14	126	Leahy, Ric	224.05	28.00	196.05	30 - 39	M	6.08

		Marmy-Conus,						
1	107	Nelly	206.33	68.00	138.33	40 - 49	F	4.20
2	142	Ziogos, Agni	202.00	52.00	150.00	40 - 49	F	4.41
3	148	Gregory, Lorna	197.59	36.00	161.59	40 - 49	F	5.04
4	22	Newman, Anne	192.42	15.00	177.42	40 - 49	F	5.33
5	144	Devlin, Lesley	198.10	0.00	198.10	40 - 49	F	6.12
6	157	Cubit, Amanda	199.18	0.00	199.18	40 - 49	F	6.14
7	315	White, Carolyn	199.18	0.00	199.18	40 - 49	F	6.14
8	132	Fynmore, Sharon	215.58	11.00	204.58	40 - 49	F	6.24
9	145	Pettit, Margo	218.44	5.00	213.44	40 - 49	F	6.41
		Crothers,						
10	143	Elizabeth	214.29	0.00	214.29	40 - 49	F	6.42
1	17	McIntyre, Michael	192.36	73.00	119.36	40 - 49	M	3.44
2	20	Allan, Ian	200.09	68.00	132.09	40 - 49	M	4.08
3	105	Jenkinson, Gary	196.29	54.00	142.29	40 - 49	M	4.27
4	151	Wilson, John	197.59	52.00	145.59	40 - 49	M	4.34
		Giansiracusa,						
5	158	Travis	222.31	70.00	152.31	40 - 49	M	4.46
6	115	Smith, Ian	196.47	42.00	154.47	40 - 49	M	4.50
7	118	Cubit, Mark	213.32	52.00	161.32	40 - 49	M	5.03
8	10	Baylis, Richard	204.51	33.00	171.51	40 - 49	M	5.22
9	154	Ashley, Kevin	201.40	0.00	201.40	40 - 49	M	6.18
1	133	Miller, Janet	194.58	18.00	176.58	50 - 59	F	5.32
2	138	Hopkins, Susan	228.10	15.00	213.10	50 - 59	F	6.40
3	135	Buchanan, Lynette	224.58	7.00	217.58	50 - 59	F	6.49
4	134	Bailey, Diane	287.06	0.00	287.06	50 - 59	F	8.58
1	3	Ling, Barry	203.40	55.00	148.40	50 - 59	M	4.39
2	111	Nicholson, Geoff	215.26	65.00	150.26	50 - 59	M	4.42
3	117	Walters, Rodney	207.20	52.00	155.20	50 - 59	M	4.51
4	104	Davis, Kevyn	190.43	30.00	160.43	50 - 59	M	5.01
5	149	Vance, John	193.48	18.00	175.48	50 - 59	M	5.30
6	19	Fitzpatrick, Barry	199.51	24.00	175.51	50 - 59	M	5.30
7	100	Bundy, Garry	211.55	31.00	180.55	50 - 59	M	5.39
8	124	Kowalski, Andre	211.13	20.00	191.13	50 - 59	M	5.59
9	113	Saunders, Robert	225.45	34.00	191.45	50 - 59	M	5.60
10	140	McGowan, Robert	216.45	15.00	201.45	50 - 59	M	6.18
11	130	Stark, Donald	203.04	0.00	203.04	50 - 59	M	6.21
12	137	English, Merv	242.09	5.00	237.09	50 - 59	M	7.25
1	150	Rapley, Paul	204.18	35.00	169.18	60 - 69	M	5.17
2	5	Williams, Ken	189.09	5.00	184.09	60 - 69	M	5.45
		Yatomi-Clarke,						
3	4	James	214.34	15.00	199.34	60 - 69	M	6.14
4	152	Fowler, Kevin	201.42	0.00	201.42	60 - 69	M	6.18
5	8	Barker, Stephen	214.34	7.00	207.34	60 - 69	M	6.29
6	9	Browne, Kevin	238.27	0.00	238.27	60 - 69	M	7.27